

ISAAC L. WILHELM, DPM

- Associate
- Board Eligible Foot and Ankle Surgeon



Office:

1750 El Camino Real, Suite
106 Burlingame, CA 94010
Appointments: 650-342-2420

T: +1 650 514 6084

isaac@
sanmateopodiatrygroup.com

Practice Areas:

Podiatric Medicine

Foot and Ankle Sports
Medicine

Foot and Ankle Surgery
Regenerative Medicine

Dr. Wilhelm is an associate podiatric physician with San Mateo Podiatry Group, the most established foot and ankle specialty practice in Northern California, founded in 1917. Dr. Wilhelm's practice includes podiatric medicine, foot and ankle surgery, and a special interest in sports medicine and regenerative therapies of and for the foot and ankle.

education

Dr. Wilhelm is a graduate of Los Altos High School and Santa Clara University, where he completed his undergraduate work earning a Bachelor's of Science in Accounting. He earned his Doctorate in Podiatric Medicine from the California School of Podiatric Medicine at Samuel Merritt University.

post graduate training and notable rotations

Dr. Wilhelm then completed his three-year podiatric medical and surgical residency (PM&S-36) under the direction of world renowned Dr. Lawrence M. Oloff, DPM at the prestigious St. Mary's Medical Center in San Francisco, CA. His training focused on reconstructive foot and ankle surgery, sports medicine, trauma, minimally invasive surgery, wound care and diabetic limb salvage.

Dr. Wilhelm completed his residency with a diverse collection of institutions including: St. Mary's Medical Center, Highland Hospital, Sutter Health Palo Alto Medical Foundation, Kaiser Permanente Group, NorthBay Healthcare, California Orthopedic and Spine, Zuckerberg San Francisco General Hospital.

During his rotation at Palo Alto Medical Foundation he trained with the highly respected Dr. Lawrence Oloff with a focus on sports medicine, advanced foot and ankle reconstruction, and worked closely on research related to regenerative medicine, case studies, and hallux valgus

deformities. His inspiration grew through his teaching in focusing on sports medicine and regenerative therapies.

At St. Mary's Medical Center, he worked with Dr. Reyzelman, Dr. Vartivarian, Dr. Dini, and Dr. Potter, with a focus in wound care, planning and correction of foot deformities, and trauma.

He completed his surgical rotation at Highland Hospital in Oakland, CA, a level 1 trauma center. During his time there he helped manage adult orthopedic trauma of both Podiatric and Orthopedic services and diabetic limb salvage.

His time in Marin County was spent with Dr. Paul Kim who specializes in minimally invasive surgery and regenerative medicine.

He completed a surgical rotation at Kaiser Permanente Group with training focused on adult and pediatric ankle fractures, hallux valgus surgery, clubfoot treatment, flat foot and cavus foot reconstruction. He also worked with world renowned Dr. Schuberth, with training emphasized in total ankle replacements and complex foot and ankle reconstruction.

state licensure

California

board certification

Associate, American College of Foot and Ankle Surgeons
Board Eligible, American Board of Foot and Ankle Surgery
Board Eligible, American Board of Podiatric Medicine

medical staff memberships

St. Mary's Medical Center
Campus Surgery Center

professional society memberships

American College of Foot and Ankle Surgeons
American Podiatric Medical Association
San Francisco Podiatric Medical Association

interests

Dr. Wilhelm loves spending time with his wife, family and his Golden Retriever Koa. He enjoys being outdoors playing golf, and backpacking through Yosemite. He grew up playing baseball and won CCS during his Senior year at Los Altos High School.

Scholarly Projects/Publications

Oloff, L, **Wilhelm, I.** Granular Cell Tumor: A Case Report. *Foot & Ankle Surgery: Techniques, Reports & Cases.*

Wilhelm I, Oloff L. Orthobiologic Use in Sports Medicine: Clinics in Podiatric Medicine and Surgery, issue on Current Concepts in Sports Medicine.

Khuc, E., **Wilhelm, I.**, Kane, L. (2018). Indications for Use of Isolated First MTPJ Arthrodesis in Primary Surgical Treatment of Hallux Abducto Valgus. *National Foot and Ankle Review*, 20, 5-8.

Song, I., Ko, C., Tong, L., **Wilhelm, I.** (2018). Clinical Application and Complications of Bone Marrow Aspirate Concentration in the Lower Extremity. *National Foot and Ankle Review*, 20, 18-22.
